

MEDI PULL

< bodysense



+ **MediPull** a fitness gadget with versatility -
for at home, on the go, on vacation or in the office.


CASADA
SPORTS

MEDI PULL

A real fitness miracle with an infinite number of training options

An unprecedented product: Designed, created and produced with a lot of passion for everyone's well-being.

Infinite number of training options to keep upper and lower body fit. Outdoors or indoors, workouts have now become effective everywhere.

The MediPull is easily stowed away and can be used almost anywhere. The only requirement is a smooth surface. The MediPull is for everyone, beginners, professionals and especially for those looking for an alternative to free weights. Thanks to three different levels of resistance the MediPull can be adapted to your individual fitness level in no time. All body groups can be trained using various methods.

body**sense**

The benefits at a glance

- < Adjustable
- < 3 resistance levels - up to 7.5 kg
- < Rope length of almost 2 meters
- < Quick and handy – can be adjusted in seconds
- < Optimal degree of resistance
- < Great variety of exercises
- < Easy to use
- < Versatile for an effective workout
- < Seated exercises possible
- < Workout on vacation
- < From beginners to fitness professionals - equally suitable for every fitness level
- < Comfortable padded handles
- < Improve strength, mobility and flexibility
- < Strengthen endurance and flexibility through various exercises
- < Whether shoulder, arms, legs or core - everything is possible and simplified with the MediPull.
- < Increased muscle activity
- < Higher fat burning - the more muscle fibers involved in an exercise, the more calories burned

THE ALLROUNDER FOR AT HOME AND ON THE ROAD



AT HOME



ON THE ROAD



ON VACATION



IN THE OFFICE



Importör: Santé Sweden AB

www.messageprodukter.se | Telefon: 020-27 27 20 | E-post: info@santesweden.se

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